

# Lake Association News

A newsletter for the Association for the Preservation of Clear Lake

SPRING 2009

#### LOCAL GRANT FUNDS RIPRAP PROJECT

A grant from Winnebago Industries assisted with funding a shoreline improvement project at Camp Tanglefoot on Clear Lake. The project consisted of reshaping about 120 feet of shoreline and then adding native fieldstone to armor the bank. Shoreline erosion from an area even as small as this can add literally tons of sediment to Clear Lake each year. The placement of the riprap not only stops the erosion, but can provide aquatic habitat as well. Winnebago Industries has donated a total of \$50,000 for lake restoration improvements over the past 5 years. Most of those funds have been expended on shoreline improvement projects.



Large boulders ready to be placed on Tanglefoot shoreline



A portion of the completed Tanglefoot shoreline project

# Wetlands Provide More Than Water Quality Benefits

Although wetlands are well known for their ability to trap nutrients and sediment from the runoff they receive, we are reminded nearly every spring of another important function they provide: flood control. The picture below was taken about two weeks after the large rain events the Clear Lake area received in June, 2008. The numerous wet areas seen are indicative of the landscape north central lowa once had. These former wetlands acted as giant sponges for retaining rain water. However, for the past 150 years we have altered the landscape to focus on quickly moving rainwater off the land and into rivers and lakes rather than letting it absorb into the ground. While this has provided us with locations to build homes and some of the richest farmland in the world, it has also made us more susceptible to flooding.

To date, landowners in the Clear Lake watershed have restored over 600 acres to the native ecosystem of prairie and wetland areas. This constitutes more than 10% of the original row cropped land when the CLEAR Project began. While landowners often point to wildlife habitat and water quality improvements as benefits of installing wetlands, they may not realize they have also helped to lessen the severity of flooding.

Prairie and wetland restoration continues today in the Clear Lake watershed. Two new restorations totaling about 130 acres are in the process of being

completed this spring just west of Ventura. There are several different programs the USDA offers for prairie and wetland restoration. With grain prices declining and CRP payments on the rise, restoring those wet areas may be the economical choice for the landowner. All programs utilize easements, which means the landowner retains possession and control over the property, but they agree to keep the property in a wetland/prairie land use for a period of time. The length of the easements can be from 10, 15, 30 years or permanent, depending on the program the property is eligible for. Please contact the CLEAR Project at 641-923-2837 Ext. 3 if you would like more information on these programs.



## Rain Gardens - The Urban Wetland

Most people living in a residential area assume that the vast majority of rainwater that lands on their lots soaks into the ground. Unfortunately, in many cases, this is not true. Urban lots contain many impervious areas such as roofs, driveways, and sidewalks. Even lawns are often compacted, which severely limits their ability to infiltrate rainwater. The result is rainwater runs off the lot and enters the nearest storm drain leading to a river or lake. This runoff contains contaminants that degrades water quality. One solution to this problem is to install a rain garden. A rain garden



is a planted depression that allows runoff from impervious areas to be absorbed. Rain gardens also add beauty and wildlife habitat to your landscape while helping manage storm water more sustainably. The popularity of rain gardens is growing rapidly as over 700 have been installed in Iowa over the past couple years. Native plants are recommended for rain gardens because they don't require fertilizer and are more tolerant to Iowa's climate. Homeowners can install a rain garden themselves, or many landscaping companies also have experience installing rain gardens. The Iowa Rain Garden Manual provides detailed information on how to install a rain garden, the manual can be downloaded from the CLEAR Project web site: www.clearproject.net

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### APCL ANNUAL PINICIC: AUGUST 14TH



Mark August 14th on your calendars for the 2009 AssoMost people who keep track

of water quality related issues

have probably heard the term

Zone" before. The Gulf Hy-

poxia Zone is located in the

oxygen," and it is called the

Dead Zone because oxygen

life can not survive in the

area.

levels are so low that aquatic

So what causes the Hy-

poxia Zone and how does

this relate to Clear Lake?

Well, the same pollutants

that create water quality

ing the Dead Zone in the

Gulf. When the nutrients,

primarily nitrogen and phos-

phorus, reach the Gulf, algae

utilizes them and large blooms

occur. The algae eventually die

and begin decomposing. The

decomposition process of the

amount of algae being produced

great that nearly all the oxygen

in the water is used up. With-

out oxygen, fish, shrimp, crabs,

survive and either die or move

to other areas. This has a major

impact on the commercial fishing

and other aquatic life can not

algae uses up oxygen. The

and then decomposing is so

issues at Clear Lake are caus-

northern Gulf of Mexico primar-

ily along the shores of Louisiana

and Texas. Hypoxia means "low

"Dead Zone" or "Hypoxia

ciation for the Preservation of Clear Lake Annual Picnic. The picnic will take place at the Clear Lake State Park Lodge. Officials from the DNR, Corps of Engineers, ISU and CLEAR Project will update the public on lake restoration accomplishments. Topics will include lake dredging, Ventura Marsh restoration, watershed improvements, and carp and zebra mussel research.

Please also remember to renew your membership to the lake association. Your membership dollars have been used in the past to fund projects such as lake dredging, storm water improvements, and information and education activities.

We hope you will join us on August 14th for the Annual Picnic.

## LAKE NEWS

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industry and many other businesses in the Gulf area. It also creates unsightly algae blooms which further degrades water quality.

Gulf of Mexico Hypoxia Zone: How Does it Relate to Clear Lake?

Water monitoring data shows that Iowa is a leading contributor to the Hypoxia Zone because the same excessive nutrients and sediments that are in our water-



Extent of Gulf Coast hypoxia zone in 2008

ways eventually leave the state and make their way to the Gulf via the Mississippi River. The Gulf Hypoxia Zone is the second largest human caused zone of hypoxia in the world. In 2008, the record flooding in the Midwest caused more nutrients to reach the Gulf and the Hypoxia Zone expanded to roughly 8,000 square miles. This was the second largest the zone has been since records began being kept in 1985.

There is some encouraging

news regarding the Gulf Hypoxia issue. Some anthropogenic activities have actually helped reduce sediment loading to the Gulf. The series of locks and dams along the Mississippi and Missouri Rivers have acted like reservoirs and keep about 50% of the sediment in the river from reaching the Gulf.

The Gulf Hypoxia Zone is a good reminder that the actions we take on our own property do matter. Taking actions such as using a zero phosphorus fertilizer, not mowing grass clippings onto streets or sidewalks, and picking up after pets benefits not only Clear Lake, but also those downstream of us. The work being done at Clear Lake and other water quality improvement projects around the state can have a positive impact on not only our local water bodies, but also those thousands of miles away.



Mississippi River plume enters Gulf

The publication of this document has been funded in part by the Association for the Preservation of Clear Lake, the Division of Soil Conservation, Iowa Department of Agriculture & Land Stewardship, and by the Iowa Department of Natural Resources through a grant from the U.S. Environmental Protection Agency under the Federal Nonpoint Source Management Program (Section 319 of the Clean Water Act).